Ambition for all: Physical Education



Introduction

Our Mission at St Bernadette's Catholic Primary School is: -

"... to ensure a loving and faithful learning community in which our children can become the person God created them to be. A community where we celebrate the dignity, worth and uniqueness of every individual. Where we grow and learn together with joy, in the love of Jesus. In this love, we strive to be courageous stewards of creation."

Our Mission is rooted in scripture

'I have come so that they may have life and have it to the full'

John 10:10

Therefore, providing an ambitious curriculum, designed and implemented in a way that allows all pupils to achieve is integral in enabling us to strive towards achieving this mission for all the children in our care.

Intent

At St Bernadette's we are ambitious for every pupil. We have the same learning intentions and hold the same high expectations for all children, regardless of the way or speed in which they learn. Current research has determined that adaptive teaching which meets the needs of learners (how they learn best) has a significant impact on outcomes. The strategies employed at St Bernadette's are detailed below and set out how we strive to achieve the best possible outcomes for all of our pupils.

However, for a very small number of pupils in our school with the highest level of SEND, it may be necessary to provide a significantly different curriculum to that provided to their peers. Where this is the case, it will be carefully considered by the senior leadership team, the SENDco, subject leaders and always in liaison with parents and families.

Planning



Great teaching and learning requires careful and considered planning. In addition to a sequenced and progressive curriculum, teachers at St Bernadette's apply the Universal Design for Learning guidelines when planning lessons. More information can be found at https://www.cast.org/impact/universal-design-for-learning-udl



Quality First Teaching

https://educationendowmentfoundation.org.uk/news/eef-blog-five-a-day-to-improve-send-outcomes

Teachers at St Bernadette's employ a range of strategies across the curriculum to improve outcomes for all learners. These include but are not limited to:

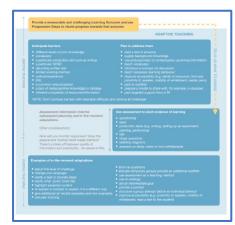
- Creating a calm, positive, emotionally supportive learning environment
- dual coding providing key vocabulary with words and pictures
- reduction in processes to reduce cognitive load and enabling a focus on the key learning
- explicit instruction -clear and succinct language, chunking of content, introducing new material in small, sequenced steps and modelling of tasks
- cognitive and metacognitive strategies recall of previously learned content, supporting pupils to plan, monitor and evaluate their learning and modelling a selection of metacognitive strategies e.g. using checklists to monitor their progress
- scaffolding providing of visual, verbal and written scaffolds and use scaffolding in a manner which reduces over reliance on adults in a non-stigmatising way
- flexible Grouping group pupils in a way that is non-stigmatising and supports peer to peer learning
- using Technology use a visualiser when modelling and as a way for pupils to record and present their learning.

Adaptive Teaching



https://educationendowmentfoundation.org.uk/news/moving-from-differentiation-to-adaptive-teaching

Adaptive teaching begins by having the same learning intentions for all pupils without lowering expectations. We understand that learners learn at different speeds and in different ways. In order for all pupils to achieve these learning intentions it will be necessary to adapt teaching. Essentially, teachers are required to anticipate barriers to learning and make plans to address them, use effective assessment for learning throughout lessons to evidence learning and respond to the needs of children by using 'in the moment adaptations.



In **PE** these adaptations may include:

- assessment of prior learning and adapting the teaching sequence if required
- pre -teaching of key vocabulary and concepts
- use of the STEP principle
- Space e.g. modifying the space by increasing or decreasing the area in which a task is to be performed or changing the distance or areas in which to score points
- Task e.g. modifying the task by changing the demands, the rules of the activity, the number of times the child is to repeat the task, teaching cues, direction/level/pathway of movement or length of time to complete the task
- Equipment e.g. modify the equipment by changing the size of the target, level of equipment, amount of equipment, height or arrangement
- People e.g. modify the people involved by having children work alone, with a partner, bigger teams, smaller teams, as a leader or follower, on different activities, or in a small group
- scaffolding of task e.g. modelling use of equipment, demonstrating skills
- discussions with pupils, alongside evidence (video clips and photos) from their PE lessons (teacher knowledge)
- flexible working groups to work to the strengths of the individuals and promote peer to peer support
- autonomy pupil choice of equipment, rules, space etc in certain activities
- opportunities to apply and consolidate learning independently through immediate engagement tasks
- regular opportunities to revisit previously taught knowledge using warm-ups and questioning

In PE 'in the moment' adaptations may include:

- an adjustment to the level of challenge
- adapting the resources being used e.g. size of ball
- modifying and/or repeating language and instructions
- re-explaining/demonstrating a skill being taught in a different way where possible
- reminders of essential success criteria to achieve LO
- provide additional verbal or visual scaffold
- setting of an immediate goal
- having a variety of PE equipment to choose from to complete a task
- improving accessibility move position in hall/on playground to the speaker, equipment being used
- re-explaining of a concept or explanation in a different way